

Disaster Relief Health and Care Kit

Pack sandwich size zip-lock bags as below, and place in 2.5 gallon zip-lock bag along with the items listed.

1 sandwich size zip-lock bags

- 6 band aids
- Small pkg cotton q-tips
- Disposable razor
- 3 individual hand wipes
- 1 small liquid hand sanitizer
- Dental floss
- 1 nail clipper / file
- 3 safety pins
- 1 ink pen
- 2 small sanitary napkins

1 sandwich size zip-lock bag with laundry powder

1 2.5 gallon zip-lock storage bag

- 1 wash cloth
- 1 hand towel
- 1 new bar bath soap
- 1 comb
- 1 toothbrush
- 1 tube toothpaste
- Shampoo
- Small pkg facial tissue
- 1 roll toilet tissue
- Hand cream
- 1 small deodorant

Completed kits may be sent to the Bishop Jones Center.